Consultation Sheet

Customer's Name _____

Contact Information _____

Head Spa Precautions and Prohibitions

Have you consumed alcohol today?
Are you currently experiencing a fever, cold, or any other health-related issues?
Do you have any history of head injuries or illnesses, either past or present?
(*Treatment may still be possible.)
Do you have any known allergies, or do you have any wounds or swellings on your scalp?
Are you currently pregnant? (*Treatment may still be possible.)

*We reserve the right to refuse treatment under certain client conditions.
*We take no responsibility for any allergic reactions or other symptoms that may occur from treatments at our salon.
*Head spa treatments may cause temporary muscle soreness in the head, neck, and shoulders due to the movement of muscles that are not usually exercised. This is a positive reaction and the soreness will gradually fade away.
*It is not recommended to drink alcohol after the treatment, as it may reduce the benefits of treatment as well as increase the effects of intoxication.

*Do you have any allergies? No / Yes ( )

I have read and understand the information above, and I voluntarily agree to proceed with the treatment.

Year / Month / Day _____ / _____ / _____ Signature _____

Head Spa Benefits

Our goal is to enhance
★ Beauty ★ Relaxation ★ Health

Customer Expectations

What do you hope to achieve with this head spa session?

1) Relaxation or refreshment
2) Targeted relief for a specific area → We will focus on relieving tension in the identified areas.
3) A combination of relaxation/refreshment and targeted relief → We will change the approach between the first and second half of the treatment.

Check Items

- ☐ Eye strain
- ☐ Dandruff or itchy scalp (fine dandruff / large dandruff)
- ☐ Oily scalp or hair
- ☐ Shoulder stiffness
- ☐ Neck stiffness
- ☐ Swelling concerns
- ☐ Scalp odor concerns
- ☐ Heavy head or headaches (temples / back of the head)
- ☐ Lack of sleep (feelingic sleepy all day)
- ☐ Jaw pain or clenching
- ☐ Irritability or mental fog
- ☐ Concerns about hair quality or quantity
- ☐ Extreme emotional fluctuations
- ☐ Increase in gray hair
- ☐ Concerns about facial wrinkles or firmness
- ☐ Difficulty recovering from fatigue
- ☐ Decreased concentration
- ☐ Concerns about facial complexion or dark circles
- ☐ Lack of vitality